## **MASSAGE SERVICE**

THERAPEUTIC MASSAGE: Dedicated to vent muscle contractures, with sweet almond oil and essential rosemary oil. Improved through essential oils of: ginger, mint, lemongrass, lavender, cypress and cedar.

SPORTS MASSAGE: Dedicated to vent muscle pain suffered through the practice of a sport, with sweet almond oil and essential rosemary oil. Improved through essential oils of: ginger, mint, lemongrass, lavender, cypress and cedar.

RELAXING MASSAGE: Dedicated to calm the nervous system and the musculature, with sweet almond oil and essential rosemary oil. Improved through essential oils of: ginger, mint, lemongrass, lavender, cypress and cedar.

CIRCULATORY MASSAGE: Dedicated to improve legs circulation and calm the nervous system, with sweet almond oil and essential rosemary oil. Improved through essential oils of: ginger, mint, lemongrass, lavender, cypress and cedar.

FOOT REFLEXOLOGY: Therapy involving foot massage, calming every intern organ and the nervous system.

REIKI: Oriental technica dedicated to balance the vital energy through laying on of hands.

REFLEXOREIKI: With two therapists at a time implementing Foot Reflexology and Reiki each one.

The duration of the massages can last 30 minutes, 45 minutes or 60 minutes.

The massage service must be reserved in advance.

MASSAGE PRICES:

30 MINUTS: 42 €

45 MINUTS: 50 €

1 HOUR: 60 €

Information at the reception desk.